

# FINDING FRIENDSHIP IN AN ISOLATED WORLD



## Video Clip

Funny video on friendship  
By LAUGHTER CHAPTER

[https://www.youtube.com/watch?v=t4Q\\_B0flrJE](https://www.youtube.com/watch?v=t4Q_B0flrJE)

# FINDING FRIENDSHIP

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The Foundation of True Friendship is Sacrificial Love.

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IN AN ISOLATED WORLD

The Foundation of True Friendship is Sacrificial Love.

John 15:13

Greater love has no one than this: to lay down one's life for one's friends.

FINDING FRIENDSHIP

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Sacrificial Love Exercise

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IN AN ISOLATED WORLD

## Sacrificial Love Exercise

Romans 12:15

Rejoice with those who rejoice; mourn with those who mourn.

Healthy Responses for CELEBRATION:

## Healthy Responses for CELEBRATION:

“I’m so glad that happened!”



## Healthy Responses for CELEBRATION:

“I’m so glad that happened!”

“I’m excited for you!”

## Healthy Responses for CELEBRATION:

“I’m so glad that happened!”

“I’m excited for you!”

“That sounds great!”

Unhelpful Responses:

## Unhelpful Responses:

“I wouldn’t have done that”

## Unhelpful Responses:

“I wouldn’t have done that”

“That reminds me of something I went through”

## Unhelpful Responses:

“I wouldn’t have done that”

“That reminds me of something I went through”

“Okay” or “Wow”

Healthy Responses for COMFORT:

## Healthy Responses for COMFORT:

“I can really see that you are hurting”



## Healthy Responses for COMFORT:

“I can really see that you are hurting”

“I don’t like to see you hurting”

## Healthy Responses for COMFORT:

“I can really see that you are hurting”

“I don’t like to see you hurting”

“I deeply care about what you are going through”

Unhelpful Responses:

## Unhelpful Responses:

“Bummer”

## Unhelpful Responses:

“Bummer”

“Sorry”

## Unhelpful Responses:

“Bummer”

“Sorry”

“Fixing the problem”

“I understand”